

The Assessment of Functional Living Skills - The AFLS™

Kitchen (Continued)

TASK	SCORE	TASK NAME	TASK OBJECTIVE	QUESTION	EXAMPLE	CRITERIA	COMMENT
KT 25	0 1 2 3 4 0 1 2 3 4 0 1 2 3 4 0 1 2 3 4	Uses bottle opener	Learner will independently use a bottle opener to remove tops from bottles.	Can learner use a bottle opener to remove tops from bottles?	Soda bottle, etc.	4= independently holds bottle and removes top with a bottle opener, 3= opens when only provided minimal verbal prompts, 2= opens when bottle is held for learner and when provided only verbal prompts, 1= uses opener when bottle is held for learner and when provided minimal physical prompts	
KT 26	0 1 2 0 1 2 0 1 2 0 1 2	Uses ice cream scooper	Learner will use an ice cream scooper to scoop and then release ice cream onto a cone or into a bowl.	Can learner use an ice cream scooper?		2= independently scoops and releases ice cream onto a cone or into a bowl, 1= scoops and releases ice cream with only verbal prompts	
KT 27	0 1 2 0 1 2 0 1 2 0 1 2	Uses butter knife to spread	Learner will get an appropriate amount of spreadable foods on a butter knife and spread on bread.	Does learner use a knife to spread?	Peanut butter, butter, mayonnaise, hummus, mustard, etc. onto a piece of bread	2= gets an appropriate amount of spreadable foods on a butter knife and spreads on bread, 1= spreads spreadable foods onto bread with only verbal prompts	
KT 28	0 1 2 3 4 0 1 2 3 4 0 1 2 3 4 0 1 2 3 4	Holds and passes sharp knives	Learner will safely pick up, accept, and pass sharp knives to others.	Does learner safely pick up, accept, and pass sharp knives to others?	Picks up sharp knives by the handle, passes a sharp knife to others only after ensuring the receiver has control of the knife prior to releasing it	4= safely accepts from and passes sharp knife to others, 3= safely accepts a handed sharp knife, 2= safely picks up a sharp knife by the handle, 1= safely picks up a sharp knife by the handle with only verbal prompts	NEEDS CLOSE SUPERVISION
KT 29	0 1 2 0 1 2 0 1 2 0 1 2	Walks and moves with sharp knife	Learner will carefully hold and safely walk with a sharp knife.	Can learner carefully hold and safely walk with a sharp knife?		2= independently carries sharp knives by handle with blade down and away from body and safely avoiding others, 1= carries sharp knives by handle, with blade down and away from body and safely avoids others with only verbal prompts	NEEDS CLOSE SUPERVISION