

The Assessment of Functional Living Skills - The AFLS™

Cooking (Continued)

TASK	SCORE	TASK NAME	TASK OBJECTIVE	QUESTION	EXAMPLE	CRITERIA	COMMENT
CG 13	0 1 2 3 4 0 1 2 3 4 0 1 2 3 4	Identifies when stovetop and appliances are hot	Learner will independently and safely determine if a stovetop or appliance is hot and will avoid touching or placing items that could burn or melt on a hot stove or appliance.	Does learner identify when stovetop or appliance is hot or cold?		4= independently and safely determines if stovetop and appliances are hot and avoids touching or placing items that could burn or melt on a hot stovetop, 3= independently determines if a stovetop or appliance is hot, 2= demonstrates how to safely approach a stovetop or appliance to determine if it is hot with only verbal prompts, 1= demonstrates how to safely approach a stovetop or appliance to determine if it is hot with imitative and verbal prompts	NEEDS CLOSE SUPERVISION
CG 14	0 1 2 0 1 2 0 1 2 0 1 2	Checks temperature before handling cooking dishes	Learner will consistently and carefully check the temperature of pans and dishes prior to attempting to remove them with bare hands from the stove, microwave, toaster oven, and oven.	Does learner check to ensure that pans and dishes are not too hot to remove with bare hands?	Removing cookie tray from an oven, a cup being heated in the microwave, removing egg rolls from a toaster oven, etc.	2= consistently and safely checks food items and dishes prior to removing them from stoves, ovens, and appliances, 1= when provided with imitative or verbal prompts, will safely check food items and containers prior to touching them with bare hands	NEEDS CLOSE SUPERVISION
CG 15	0 1 2 0 1 2 0 1 2 0 1 2	Uses oven mitts for hot items	Learner will use oven mitts for all hot items.	Does learner use oven mitts for hot items?		2= independently uses oven mitts for all hot items, 1= uses oven mitts with only verbal prompts	NEEDS CLOSE SUPERVISION
CG 16	0 1 2 3 4 0 1 2 3 4 0 1 2 3 4 0 1 2 3 4	Makes microwave popcorn	Learner will make microwave popcorn.	Does learner make popcorn in the microwave?	Unwrap bag, place in microwave, set cook time, and when timer sounds, safely remove and open popcorn bag from microwave	4= independently and safely performs all steps to make microwave popcorn, 3= with only verbal prompts to set cooking time, performs all steps to make popcorn, 2= places popcorn package in microwave with correct side up and safely removes bag of popped popcorn, but requires assistance in setting the microwave time, 1= removes outer cellophane from popcorn package, and places in microwave with the correct side facing up	NEEDS CLOSE SUPERVISION