

## The Assessment of Functional Living Skills - The AFLS™

### Cooking (Continued)

TASK	SCORE	TASK NAME	TASK OBJECTIVE	QUESTION	EXAMPLE	CRITERIA	COMMENT
CG 5	0 1 2 0 1 2 0 1 2 0 1 2	Pours liquids into bowls and glasses	Learner will pour an appropriate amount of liquid from a container into a bowl or glass without spilling or overflowing the container.	Does learner pour liquids into a bowl without spilling?	Pours orange juice from a container into a glass without having it overflow, pours an appropriate amount of milk into a bowl of cereal, etc.	2= pours an appropriate amount of liquid from a container into a bowl or glass without spilling or overflowing the container, 1= pours liquids from a container into a bowl or glass with only verbal prompts	
CG 6	0 1 2 3 4 0 1 2 3 4 0 1 2 3 4 0 1 2 3 4	Stirs items in a mixing bowl or glass	Learner will thoroughly mix both dry and wet food items in a mixing bowl with a spoon or fork.	Does learner stir items in a mixing bowl?	Stirs a combination of milk and vegetable oil in a bowl, mixes sugar and flour in a bowl, stirs liquid and dry ingredients to prepare pancake mix, stirs chocolate milk mix and milk in a glass, etc.	4= thoroughly mixes a combination of both dry and wet ingredients in a mixing bowl or glass with a spoon or fork, 3= mixes dry ingredients together, and liquid ingredients together, but does not mix dry and liquid in combination, 2= mixes either dry or liquid ingredients, 1= stirs food items in a mixing bowl with only verbal prompts	
CG 7	0 1 2 3 4 0 1 2 3 4 0 1 2 3 4 0 1 2 3 4	Makes cold-cut sandwich	Learner will independently gather all necessary ingredients, make a cold-cut sandwich, and put remaining ingredients away.	Does learner make cold-cut sandwiches?	Uses bread, meat, and condiments to make a sandwich	4= independently gathers all necessary ingredients, makes a sandwich, and puts ingredients away, 3= makes a sandwich when all items necessary are provided, 2= when items are provided, requires only verbal prompts to make sandwich, 1= when ingredients are provided, requires minimal physical prompts to make a sandwich	
CG 8	0 1 2 3 4 0 1 2 3 4 0 1 2 3 4 0 1 2 3 4	Makes peanut butter and jelly sandwich	Learner will gather all necessary items, make a peanut butter sandwich, and put remaining food items away.	Does learner make peanut butter and jelly sandwiches?	Spreads peanut butter on a piece of bread and jelly on a piece of bread and place them neatly on one another	4= independently gathers all necessary ingredients, makes a sandwich, and puts ingredients away, 3= makes a sandwich when all items necessary are provided, 2= when items are provided, requires only verbal prompts to make sandwich, 1= when ingredients are provided, requires only verbal and imitative prompts to make a sandwich	