

The Assessment of Functional Living Skills - The AFLS™

Health, Safety & First Aid

TASK	SCORE	TASK NAME	TASK OBJECTIVE	QUESTION	EXAMPLE	CRITERIA	COMMENT
HS 1	0 1 2 0 1 2 0 1 2 0 1 2	Remains in area	Learner will stay in physical proximity of caregiver without continuous surveillance in public settings.	Does learner stay near caregiver when in public places?	Does not wander away	2= stays in proximity of caregiver when in public settings without continuous surveillance, 1= stays in proximity of caregiver when in public settings with only verbal prompts	
HS 2	0 1 2 3 4 0 1 2 3 4 0 1 2 3 4 0 1 2 3 4	Practices water safety	Learner will demonstrate safe behavior around water including swimming pools, hot tubs, lakes, rivers, beaches, and water parks.	Does learner practices water safety skills?	Does not go in water without a supervisor or lifeguard, stays in safe depth unless learner can swim, does not go further than can safely swim, does not dive in shallow water, avoids strong currents or waves, does not run near pool, etc.	4= engages in safe behavior in and around water, 3= requires only verbal prompts to engage in safe behavior when in or around water, 2= identifies potential danger associated with being in or near water, 1= follows specific directions to ensure safety near water	DANGER: all individuals should always be monitored carefully when around water to ensure their safety.
HS 3	0 1 2 0 1 2 0 1 2 0 1 2	Finds side of pool and hangs on	If learner falls into pool, learner will go to side of pool and hang on.	Can learner get to the edge of pool and hang on if learner falls into pool?		2= swims to side of pool from anywhere in pool and hangs on, 1= finds side of only if very near the side of the pool and hangs on	NEEDS CLOSE SUPERVISION
HS 4	0 1 2 0 1 2 0 1 2 0 1 2	Doggie paddles	Learner will doggie paddle across the pool.	Can learner doggie paddle?		2= doggie paddles for 30 feet, 1= doggie paddles 10 feet	NEEDS CLOSE SUPERVISION
HS 5	0 1 2 0 1 2 0 1 2 0 1 2	Floats in water	Learner will float on back.	Can learner float on back?		2= floats on back for 1 minute, floats on back for 30 seconds	NEEDS CLOSE SUPERVISION
HS 6	0 1 2 3 4 0 1 2 3 4 0 1 2 3 4 0 1 2 3 4	Labels things that could be hot	Learner will label at least 6 things that could be hot.	Can learner label things that could be hot?	Stove, oven, steaming food, serving dishes, pot and pans, iron, toaster oven, tea kettle, hairdryer, curling iron, fireplace, etc.	4= labels at least 8 things that could be hot, 3= 6 things that could be hot, 2= 4 things that could be hot, 1= labels 2 things that could be hot	